

Consulting

- ◆ Diabetes Self-Management Education (DSME) and National Standards
- ◆ American Diabetes Association's "DSME Education Recognition Program Standards"®
- ◆ Diabetes Screening and Prevention
- ◆ Medical Nutrition Therapy (MNT)
 - For Disease Prevention, Delay, Control
- ◆ American Diabetes Association's "MNT Evidence-Based Guides for Practice"®
- ◆ Insurance and Medicare Reimbursement
 - MNT • DSME • Insulin Pumps
 - Diabetes Testing Supplies
- ◆ Improving Quality and Effectiveness of Chronic Care Teams
- ◆ Weight Management
- ◆ Nutrition and Wellness
- ◆ Nutrition and Diabetes Articles
 - Magazines • Newsletters • E-Zines
- ◆ Menu Writing and Recipe Analysis
- ◆ Professional CEU Programs
- ◆ Vendor/Manufacturer Support:
 - Product Development, Marketing and Roll Out
 - Consumer Educational Materials
 - Staff and Client Training
 - Representation of Product at:
 - Professional Trade Shows
 - Consumer Trade Shows

Consulting

- ◆ NEW MNT and DSME Program Development
 - Components of Current "Best Practices"
 - Proposal, Design, Performance, Budget
 - Outcomes Management
 - Quality Assurance and Improvement
 - Practice Guidelines and Standards of Care
 - Chart Auditing
 - Forms Development
 - Operations, Policies, Procedures
 - Advice on Marketing Strategies
 - RD Becoming Medicare Provider
 - Insurance and Medicare Reimbursement

"Mary Ann gets to the heart of the matter, delivering practical real world ideas and solutions."

Actual Product Testimonial

Mary Ann's Own Turn Key Programs

- ◆ *Control Your Diabetes For Life*®
Diabetes Self-Management Education (10 Hours)
- ◆ *Diabetes Medical Nutrition Therapy*®
 - Group • Individual
- ◆ *Low Fat Lifestyle Weight Loss Program*®

Presentations: Live, Audio, Web-Based

Professional, customized presentations on:

- Any TURN KEY PROGRAM
- Any Component of NEW PROGRAM DEVELOPMENT
- American Diabetes Association's Current *Clinical Recommendations and Standards of Care for Diabetes*
- DSME Reimbursement Via Pharmacy Benefit Management
- Healthy Eating and Good Nutrition
- Specialized Diets in Diseases:
 - Heart, Kidney, Liver, Gastrointestinal Disorders
- Behavior Change Models: Patient Compliance Versus Empowerment
- Enhancing the Effectiveness of Health Care Teams
- Better Chronic Disease Care through Systems Changes
- Medicare's Disease Prevention and Management Programs

**Don't see what you're looking for?
JUST ASK!**

"Finally, everything I need to know in clear simple language."

Actual Product Testimonial

Professional Publications

Detailed Instructional Manuals:

- *Money Matters in MNT and DSME: Increasing Reimbursement Success In All Practice Settings: The Complete Guide*®
 - Self published so that coverage guidelines are continually updated.
- *How to Establish a Successful Outpatient MNT Practice: The Complete Guide*®

"So detailed and comprehensive; the reimbursement manual makes the Medicare coverage guidelines so easy to understand."

Actual Product Testimonial

- ◆ *EZ Forms For The Busy RD*®
 - CD-R or diskette

All required forms for implementing:

- Diabetes MNT
 - Assessment Forms
 - Outcome Tracking Forms
 - Flow Sheets
 - Documentation Forms
 - Chart Audit Worksheets
- Hyperlipidemia MNT

"I love the fact that I can modify the EZ forms..."

Actual Product Testimonial

Partial Client List

ARAMARK, Inc.
ServiceMaster, Inc.
DaVita, Inc. and Gambro, Inc.
Bayer Diagnostics, Inc.
Roche Diagnostics, Inc.
Novo Nordisk Pharmaceuticals, Inc.
Therasense, Inc.
University Health System Consortium
University of Medicine and Dentistry, NJ
Social Services Dept., Mecklenburg, NC
Deaconess Hospital, Oklahoma City, OK
Westlake Hospital, Melrose Park, IL
Ingalls Hospital, Harvey, IL
University of Chicago Hospital, IL
Wentworth-Dover Hospital, Dover, NH
St. Xavier University, Chicago, IL
Advocate Health Care, Inc.
American Society on Aging
National Kidney Foundation
National Kidney Foundation of Illinois
American Liver Foundation of Illinois
American Dietetic Association
American Diabetes Association
American Association of Diabetes Educators
American Society of Hospital Food Service
Administrators
Illinois Dietetic Association
Arkansas Dietetic Association
Florida Dietetic Association
Northern District California Dietetic Association
Southern District California Dietetic Association
New Mexico Dietetic Association
South Dakota Dietetic Association
Michigan Dietetic Association
Kentucky Dietetic Association
Indiana Dietetic Association
Alabama Dietetic Association
Kansas Dietetic Association
Georgia Dietetic Association
Clinical Nutrition Managers, Practice Group
of the American Dietetic Association
TOPS, Inc.

MARY ANN HODOROWICZ
12921 SYCAMORE
PALOS HEIGHTS, IL 60463
Office: 708.359.3864
hodorowicz@comcast.net
www. maryannhodorowicz.com

Bachelor of Science degree, Dietetics and Food Service Management, University of Illinois, Urbana, Champaign, Illinois, 1973

American Dietetic Association (ADA)
Administrative Dietetic Internship,
New York State Dept. of Mental Hygiene,
Poughkeepsie, NY, 1974

MBA degree, Loyola University, Chicago,
Illinois (marketing focus), 1984

Previous positions:

- Inpatient Clinical Dietitian
- ADA Dietetic Traineeship Director
- Clinical Nutrition Manager, Hospital
- University Instructor, Adult Education
- Assistant Food Service Manager, Hospital
- Medical Nutrition Therapist, Hospital
- Certified Diabetes Educator, Hospital
- Reimbursement Committee Chair,
Illinois Dietetic Association and Nutrition
Entrepreneurs, Practice Group, ADA

Mission Statement

To assist clients achieve their goals in a timely, cost-effective fashion by providing them with services that are of the highest quality and value, readily accessible and ethically administered. Commitment, dedication, innovation and excellence are not simply words...they are my guideposts.

Mary Ann



Mary Ann
Is Nationally
Recognized for:

Entertaining, enlightening and motivating talks; clients invite Mary Ann back again and again.

Client comments include:

“Dynamic, energetic, interactive.”

“Excellent energy and enthusiasm.”

“Excellent information and very well presented...and fun!”

“Excellent slides and complete clarity of difficult information.”

Expert guidance on obtaining MNT and DSME insurance reimbursement

Accessible, expert consulting

Excellent communication skills

Solutions: cost efficient and cutting edge

Exceeding each client's expectations with:

- Vision
- Quality
- Integrity
- Timeliness
- Innovation
- Thoroughness
- Continuous support

Mary Ann Hodorowicz Consulting, LLC

*Partner With an
Expert to
Exceed Your Expectations*

Registered – Licensed
Dietitian Nutritionist with MBA
and Certified Diabetes Educator

CONSULTANT TO THE HEALTH AND FOOD INDUSTRY IN:

- NUTRITION
- DIABETES EDUCATION
- INSURANCE
REIMBURSEMENT FOR
PROFESSIONALS