

# MARY ANN HODOROWICZ CONSULTING, LLC

Nutrition, Health Promotion, Diabetes Education and Insurance Reimbursement for  
Professionals for the Healthcare and Food Industry

## ***COMPONENTS OF MNT AND DSMT PROGRAM CONSULTING***

- Recommend infrastructure and business plan for Medicare MNT Program (includes ADA's newest *Nutrition Care Process and Model* and *MNT Evidence-Based Guides for Practice*)
- Recommend infrastructure and business plan for DSMT Program that meets recognition standards of the American Diabetes Association, and to coordinate programs at multi-sites under 1 umbrella
- Reorganize reimbursement system (coding, coverage requirements, utilization, provider and patient eligibility)
- Restructure referral process
- Redesign patient scheduling process in initial and follow-up episodes of care
- Flow chart all steps in an "episode of care": from first patient phone call or receipt of referral to documentation of intervention and all steps in between
- Recommend number of program sessions, time frame for and how to assign curriculum topics
- Design easy way to document, summarize and report patient and program outcomes
- Provide sample forms (physician referral, initial intake, patient assessment, documentation, etc.)
- Recommend forms that are streamlined and consistent with evidence-based standards
- Evaluate if DSMT team adheres to 7 key design elements identified in IOM's "Quality Chasm" report as essential in improving team's quality and effectiveness in producing positive outcomes
- Identify educational requirements for DSME instructional staff (RN, RD) in DSMT program
- Design of the CQI process
- Identify key components of programs' patient data base (patient registry)

## **Goals of delivering these components: ATTAIN, MAINTAIN and/or INCREASE program:**

- Referrals
- Reimbursement revenue (and subsequent financial viability of program)
- DSMT program recognition
- Quality of patient care
- Patient attendance and word-of-mouth advertising
- Accuracy, efficiency and ease of operations, use of forms and charting
- Compliance to Medicare coverage guidelines
- Adherence to evidence-based standards and models for delivering MNT and DSMT
- Positive patient and program outcomes (process, health and satisfaction outcomes at a minimum and cost-savings outcomes as additional goal to optimize reimbursement and referrals)

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